Satsang Vidyalaya

Heat & Dust (Sports Meet 2017)
Satsang Vidyalaya students heralded their annual sports fest this year in November with a march past and an oath. After the inaugural game of tennikoit, what followed was a series of ten events, stiff competition and several broken records. The meet was presided over by chief guest Madanapalle Station Fire Officer P. Anil Kumar.

Hill retreat
Children’s Day this year was special for the students as they went on a trip to the hill station at Horsley Hills. It was for many of them their first peep into the world outside. And they came back with stories about the birds, animals and the relics they saw there.
Member of Parliament Dr Karan Singh visited us with school founder Sri M to inaugurat the newly renovated school auditorium. He had a chat with students and teachers on topics ranging from Kashmir’s special status to the trick of living on this planet.

The newly renovated school auditorium that was inaugurated by Dr Karan Singh.

This year in the very first month we have had a great flow of guests and with them ideas. The first to come along was Sam (Dae Sun) Moon, a scientist from Canada who spent a week and took chess lessons for students and teachers. He has promised to come back for a longer visit.

The next to come was Prem Chandravarkar, architect from Bangalore. He conducted a workshop for the senior students titled ”Is it the world or is it me”? Students were forced to look inward on the question of competing demands of the world and the self, as they stand on the cusp of transition to young adulthood, college and career.
Satsang Swasthya Kendra

- A free primary health facility that serves Satsang Vidyalaya, Satsang Rural School, SWECHA and adjoining under-served communities.
- Basic diagnostic laboratory with haematology and biochem analysers opened by Sri M on Guru Purnima.
- A total of 47 health camps.
- School health monitoring, cervical cancer screening, outreach camps, dental and Ayurveda camps
- International Day of Yoga celebrated with 110 participants.

A special cervical cancer screening and a health education class on menstrual hygiene was organised. It was urgently needed as even women below the age of 30 were being recommended hysterectomy.

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Month</th>
<th>Camp Details</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Activities</td>
<td>De-worming Camps for SV students, staff and support staff - 6 Nos</td>
<td>240</td>
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<tr>
<td></td>
<td></td>
<td>Outreach Camp at Burakayakota</td>
<td>186</td>
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<tr>
<td></td>
<td></td>
<td>Ayurveda Camp by Dr. Chattanya</td>
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<tr>
<td></td>
<td></td>
<td>Dental Camp by Dr. Soomu</td>
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<td>2</td>
<td>Special Camps November 2017</td>
<td>Awareness on Cervical Cancer and Importance of Pap Smear by Dr. Priyam for Support Staff and SVM Staff</td>
<td>17</td>
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<tr>
<td></td>
<td></td>
<td>Cervical Cancer Screening Camp by Dr. Smilla Vals, Dr. Manasa, Dr. Rajan Dr. Ashok Vals</td>
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<td></td>
<td></td>
<td>Dr. Suresh Mitta</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Session on menstrual Hygiene SVM by Dr. Smilla Vals for SVM Girls</td>
<td>20</td>
</tr>
</tbody>
</table>

Unique Yoga Day: On World Yoga Day, like every year, it was celebrated with overzealous response and participation by people from all walks of life & all age groups. Which included Satsang Vidyalaya, Satsang Rural School, SWECHA, Kitchen Staff, Localites, Ashram Residents, Ashram Guests, Beneficiaries of Swasthya Kendra & Construction workers at Satsang Campus.
Satsang Projects Update

Events & Programmes of Sri M

Within India

Retreat at Badrinath
Date: 7-15 October 2018

A Retreat in the ancient city of Varanasi
Date: 22-25 December 2018

Overseas

The Khatt Spring Yoga Retreat in UAE
Date: 24-28 April 2018

Retreat in Villa Unspennen, Switzerland
Date: 13th-15th July 2018

Walking in Unity – A Walk through Switzerland
Date: 17th-23rd July 2018

When you serve a less fortunate person, you are not doing him a favour. In fact, he who receives your help does you a favour by helping you to evolve and move closer to the Divine.

-SRI. M.

Projects in Pipeline for 2018-19

Satsang Swasthya Kendra

Medical Diagnostic Laboratory: This facility was inaugurated in July 2017 to ensure completion of circle of care for beneficiaries of SSK. This service is targeted at the 300 patients with various lifestyle disease who already are registered with SSK and extended to our schools which are monitored on a regular basis. The range of test include 15 tests based on the morbidities prevailing in this geographic demarcation.

Rural Mobile Medicare Program: So far, the onus was on centre-based care rendering with minimal outreach. With our beneficiaries hailing from nearby areas where public transport is minimal, it is warranted that we reach out to them on a regular basis. We intend to reach out to 8 nearby villages on an average 10 km Radius with intention of rendering screening, diagnostic, treatment, rehabilitative, training and awareness services through integrative and holistic programs.

X-Ray Unit: Being an endemic area for Tuberculosis, an X-Ray Unit at the base is a must to diagnose this condition. Also an endemic area for skeletal fluorosis, it becomes mandatory to have this service facility included in our list.

Multifunctional Hall: In order to render services like awareness programs, rehabilitative services and training program, a multipurpose hall would be extremely helpful.

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