

Mumbai Kendra News

Run for Unity

The Mumbai Kendra participated in a Run for Unity organised by Maharashtra Tourism on October 31st, celebrating the birth anniversary of Sardar Vallabh Bhai Patel. Twenty-five volunteers supported the walk for peace and harmony that was also attended by the Director of Maharashtra Tourism and other dignitaries.

Walk of Hope Film Screening

Between October to December 2019, Kendra volunteers conducted 9 screenings covering 1820 students and 60 teachers. In addition, volunteers in Mumbai and Pune reached out with film screenings and My Tree Awareness programs to 4 schools in the Chiplun belt of Maharashtra. Overall, we have reached out to over 15,000 students.

Collection Drive

A collection drive for clothes and household items like utensils and toiletries was conducted on 29th October. All donations were sent to Goonj for distribution.

Initiatives at Khadakpada Aarey Study Centre

The Study Centre at Tribal area in Aarey, Mumbai has completed six months. Our aim at the Centre is to assist with the holistic development of students. Volunteers are engaged in improving English language, and Math and Science skills of students. Art classes have been introduced. Diwali and Christmas were celebrated with gifts and sweets from volunteers. We also donated a cupboard to the study centre.

MyTree Mumbai

We conducted three MyTree Awareness Programs covering 750 students in the last quarter. MyTree Kits with seeds, manure were distributed and groups of students interested in the program were identified for spreading the message of tree plantation and taking responsibility of nurturing trees.

A MyTree awareness program as a CSR Initiative with National E-Repository Limited was organised on 7th October. Sapling kits were distributed to employees, to encourage tree plantation for a sustainable future.



To contribute or participate in projects, connect with us:

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The Satsang Foundation
with our minds put together, may we understand

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Satsang Projects Update

Sri M Conferred with Padma Bhushan Award

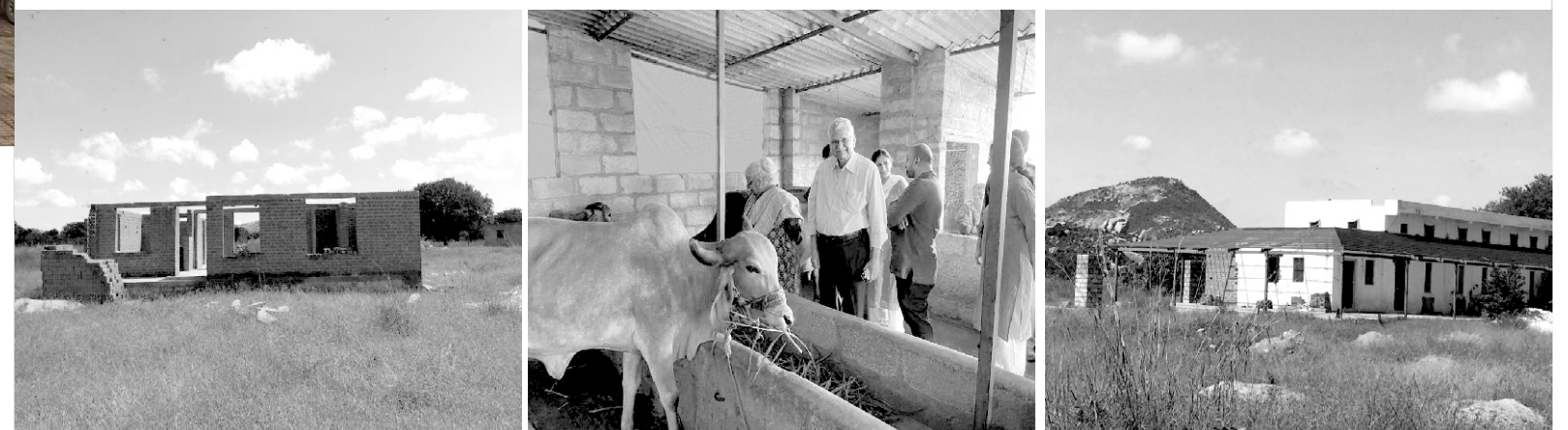
The Satsang Foundation is delighted to share that our Founder and President, Sri M, has been conferred with the Padma Bhushan Award for distinguished service of high order in the field of Spiritualism. The Padma Awards – one of the highest civilian Awards of the country, are conferred in three categories, namely, Padma Vibhushan, Padma Bhushan and Padma Shri.

The award will be conferred by the President of India at a ceremonial function held at Rashtrapati Bhawan in March or April.

Greatly honoured to be conferred with the Padma Bhushan by the Govt of India. Will continue to broadcast the Wisdom and Spiritualglory of Bharat. Dhanyavad. @SriMspeaks

The Sacred Grove: Centre for Exploring Consciousness

Efforts are underway for establishing the centre in Chowdepalle, Andhra Pradesh. A library, residences for visitors (Sadhak Niwas), and a cow shed (goshala) are being built in the first phase of construction. Plantation of a curated collection of trees is almost complete. Steps for water management are being incorporated. In addition, a Wellness Centre for Ayurvedic and Kaya-Kalpa therapy will be established on-site. In consultation with Arya Vaidya Sala, Kottakal, a small herbarium is being planned to complement this Wellness Centre. Furthermore, four Gir cows and a calf have been procured. The plan for the Centre also includes vegetable farming, with a view towards sustainability. Manure and pesticide from the cows will be used for farming, and will, in turn, provide organic fodder for them. Milk and ghee may then be used to support efforts at the Wellness Centre. We aspire to extend this spirit of inter-connectedness throughout the establishment of the Sacred Grove.



Satsang Skill Development Centre

The **third batch of students graduated** from Satsang Skill Development Centre (SSDC) this quarter. Thus far, SSDC has facilitated the employment of over 50 youth in Madanapalle. The Skill Development Centre was set-up to help youth from disadvantaged sections of society learn skills to gain meaningful employment. Majority of our students are school and college dropouts (18-25 years of age), several of whom face extenuating personal circumstances. Not only do we teach skills to help find employment, we also endeavour to awaken a thirst for learning. In addition, we continue to guide students to complete their formal education while working. Students have been placed in diverse sectors. Three full-time trainers and skilled volunteers train students in the following areas:

- **Communication Skills**
- **Workplace Mathematics**
- **Functional Computer Literacy**
- **Life Skills (Critical Thinking, Collaboration, Self-awareness, Empathy and Assertiveness)**

Several people have come forward to volunteer and we look forward to further engagement. You can contribute by:

- **Being a Skill Training Volunteer in your area of expertise (In-person or via Skype)**
- **Facilitating placement or internship opportunities**
- **Sponsoring a disadvantaged youth**

For further details, please call Ganesh (9940070514) or Viraj (9346511230).



Satsang Swasthya Kendra

On 21st October 2019, Satsang Swasthya Kendra and Bharat Yoga Vidya Kendra organized a comprehensive yoga shibir at The Satsang Vidyalaya, Madanapalle. Sri Satheesan, Senior Yoga Teacher, led the shibir. Students and staff of the school and patients of Swasthya Kendra participated with much enthusiasm.

This quarter, we also organised orthopaedics, cardiology, ayurveda, and women's wellness camps with the help of volunteers like Drs. Chaitanya and Ashwini Kumar from Bengaluru, and Dr. JayaKumar from Chennai. Student and community health remain a focus for the Swasthya Kendra.



The Chanda Satsang Vidyalaya, Uttar Pradesh

Our school has been buzzing with activity this quarter. Dussehra and Diwali were celebrated with great enthusiasm. Children scripted, designed costumes and performed the **Ramayana** as part of school celebrations. The daily assemblies are augmented with a **special assembly** on Wednesdays wherein an entire class performs. This activity encourages public speaking and gives children a chance to be on stage. Parents are also encouraged to enquire about the academic progress of their children. Monthly teacher training workshops and daily dairies maintained by teachers have allowed our teaching staff to be more effective.

Introducing **"Circle Time"** between the students and teachers has helped them develop a better understanding of each other. There is a concerted effort for **integration with the village community** to strengthen parent engagement. Mr. Arvind Dhondphale's (art faculty at The Peepal Grove School) visit in November was enjoyed by students and teachers, and has stimulated us to integrate more **sensorial activities** in our lessons.

Our half-yearly **Health Camp** was held by Dr. Vats in December. Growth charts are maintained for each child to track their growth. The extreme cold in the North had us all shivering, but the sight of the young joyful faces as the swings got installed and ready to use was priceless and kept our hearts warm!

Other Education Initiatives

The Satsang Vidyalaya, Madanapalle

- Andhra Pradesh Formation Day was marked on November 1 with a special assembly.
- An Interactive session with Counsellors from Banjara Academy, Bengaluru, was held.
- Annual Sports Meet was conducted in December with three days of games like tennicoit, throw ball, kabaddi, kho kho, track and field, volley ball, and musical chairs.
- Christmas celebrations included a play on the birth of Jesus, and carols.

The Satsang Rural Vidyalaya, Siriguntalavaripalle

- National Mathematics Day was celebrated on December 22nd. Students exhibited models on arithmetic and geometry.

The Peepal Grove School, Sadum

- Sri M, founder of the school, inaugurated our new badminton court in December. A synthetic basket ball court and a tennis court are other recent additions. A tennis tournament was held in January.
- A commerce fair, complete with games and treats was held in December.
- Class 8 students went on a field trip to Kumta, Karnataka to learn about rural entrepreneurs.
- Dr Shanta Ram, an ornithologist, formerly from Rishi Valley School led students on a nature walk.
- A dance workshop was conducted by folk dance expert Revati

